

Name	Gender	Distance	Time	
Benjamin Winterburn	M	4500m	51.23	1st Male
Stephen Bottomley	M	4500m	51.28	2nd Male
Nigel Aspin	M	4500m	57.30	3rd Male
Anthony Gottweiss	M	4500m	59.58	
Kate Whittaker	F	4500m	1.00.43	1st Female
Darryl Dixon	M	4500m	1.04.46	
Andrew Pettitt	M	4500m	1.04.46	
Oliver Howton	M	4500m	1.14.00	
Carol Young	F	4500m	1.15.30	2nd Female
Jackie Oakes	F	4500m	1.17.16	3rd Female
David Jowitt	M	4500m	1.17.30	
David Stitt	M	4500m	1.19.01	
Eleanor Heib	F	4500m	1.19.40	
Helen Liversidge	F	4500m	1.20.52	
Simon Maughan	M	4500m	1.21.15	
Adrian Dunbar	M	4500m	1.21.40	
John Heaney	M	4500m	1.21.50	
Sam Smithson	F	4500m	1.24.22	
John Short	M	4500m	1.26.20	
Martine Becquet	F	4500m	1.28.55	
Stephen Healey	M	4500m	1.32.13	
Sean O'Hallaghan	M	4500m	1.37.55	